



GROUND CONTROL TACTICS INSTRUCTOR

JUNE 23-27, 2025

RAYMOND, IA

Develop Advanced Skills in Ground Control Tactics

This course is designed for instructors who seek intermediate to advanced skills in ground control and escape for law enforcement. Students should be physically prepared for strenuous and sustained physical activity throughout the 5-day training event.

Performance Objectives

- Develop skills in utilizing the elements of timing, leverage and distance management
- Learn to gain positions of advantage against a fully resistant subject
- Learn intermediate and advanced techniques to avoid injury and escape from an attacker
- Improve/develop efficiency as a trainer and communicator of complex physical skills
- Manage breathing and energy output under physical stress
- Improve functional strength and dexterity



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